Billy V Hall Senior Activity & Wellness Center



# November Menu

| Mon  | Tue  | Wed  | Thu  | Fri  |
|--|--|--|--|--|
| Come join us for Breakfast every Friday Morning from 8:00am to 9:00am Price: Donation  Lunch served daily: 11:30am-12:15pm |  | Meals are subject to change due to supply chain availability.                                  | 60+ Suggested Meal Donation \$4.00  Under 60 & Take Out Must Pay \$6.00  | 1<br>Salmon Pattie<br>Au Gratin Potatoes<br>Peas<br>Roll<br>Angel Food Cake<br>w/Lemon Sauce           |
| 4 Teriyaki Chicken Fried Rice Steamed Broccoli Egg Roll Mandarin Oranges   | 5<br>Smoked Brisket<br>Baked Potato Salad<br>Baked Beans<br>Cornbread<br>Creamy Coconut      | 6 Baked Pork Chop W/ Rice Peas & Carrots Fresh Baked Roll Fruit Crisp                          | 7 Beef Stew Garden Salad w/ Dressing Cornbread Spiced Peaches  | 8<br>Chicken Tetrazzini<br>Glazed Carrots<br>Garlic Roll<br>Caramel Apple<br>Mousse                    |
| 11 closed<br>Veterans<br>Day   | 12 Pulled Pork Plate Macaroni & Cheese Okra Cornbread Fruit Crisp                            | 13<br>Sloppy Joe on Bun<br>Baked French Fries<br>Apple Cider Slaw<br>Fruited Jell-O            | 14 Baked Chicken Mashed Potatoes Vegetable Casserole Fresh Baked Roll Macadamia Cookie                                 | 15 Fried Fish Pinto Beans Seasoned Greens Cornbread Banana Pudding                                     |
| 18 Baked Ham Potatoes Sugar Snap Peas Fresh Baked Roll Pineapple/Mandarin Orange Cake                                      | 19<br>Grilled Hamburger<br>on Bun<br>w/ Trimmings<br>Tater Tots<br>Baked Beans<br>Watermelon | 20<br>Chicken & Dumplings<br>Mixed Vegetables<br>Garden Salad w/<br>Dressing<br>Banana Pudding | 21 Thanksgiving Dinner Turkey & Dressing Mashed Potatoes w/Gravy Green Bean Casserole Cranberry Fluff Roll Pumpkin Pie | 22<br>Salisbury Steak w/<br>Mushroom Gravy<br>Whole Kernel Corn<br>Fresh Baked Roll<br>Buttermilk Cake |
| 25<br>Chicken Sandwich<br>w/ Trimmings<br>Potato Salad<br>Broccoli Salad<br>Fruit Crisp                                    | 26<br>Lasagna<br>Garden Salad w/<br>Dressing<br>Whole Kernel Corn<br>Gelatin Whip            | 27 Ham & Beans Potatoes & Onions Seasoned Greens Cornbread Cinnamon Apples                     | Closed  ARRIVATE  BRANK  BRANK  BRANK  BRANK   | 29 Closed  |

### Billy V. Hall Senior Activity & Wellness Center

1870 Limekiln Rd. P.O. Box 1648 Gravette, AR 72736

Phone: 479-787-5950

Director - Melissa Provence Email: director.gravette@ohcnwa.org "Billy V. Hall Senior Activity & Wellness Center is an equal opportunity provider, and employer." EEO Employer/AA/M/F/Vet/Disabled



#### The Aging Experts

Do you have questions or need services for senior adults?

In-Home Services • Senior Activity Centers
Home Delivered Meals • Family Caregiver Assistance
Personal Emergency Response System • Incontinence Supplies
Housing • Veteran Directed Program

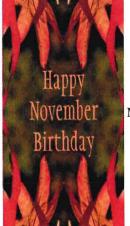


Area Agency on Aging

of Northwest Arkansas 1510 Rock Springs Road Harrison, Arkansas 800-432-9721 or 870-741-1144 Billy V Hall Senior Activity & Wellness Center

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| Su   | Mon  | Tue   | Wed  | Thu   | Fri  | Sat   |
|--|--|---|--|---|--|---|
| Green-<br>Exercise<br>Blue-<br>Regular<br>Pink-<br>Music<br>Black-<br>Games &<br>Activities<br>& Special<br>Events<br>Purple-<br>Clubs | The senior van picks up daily to transport Seniors to the Center.  The van is scheduled for Thursday morning shopping in Gravette from 8:30-9:30am,during this time van riders may do errands in town. |   | Hours of Operation:<br>Monday - Thursday<br>8am to 4pm<br>&<br>Fridays 8am to 2pm.   | Please Note: Activities are subject to change and are weather permitting.   | 1 8am-9am-Breakfast<br>10am-11am-PEPPI<br>10am-11:30am-<br>Country Edge<br>12:30pm-<br>Chair Volleyball<br>12:30pm-Cards/Dominos | 2   |
| 3 Lall Back  | 4<br>10am-11am-PEPPI<br>10:30am-11:30am-<br>Book Mobile<br>12:30pm-Drums Alive<br>12:30pm-4pm-<br>Cards & Dominos  | 5 10am-11:30am- Old Town String Band 12:30pm-Lions Club 12:30pm-Ageless Grace Time To Be Announced - Matinee Movie "Here" @ Malco in Rogers 12:30pm-Cards/Dominos | 6 7:30am- Wii Bowling Tournament @ Bentonville 10am-11am-PEPPI 11:30am- Birthday Recognition 12:30pm-Cards & Dominos         | 8:30am-9:30am- Shopping Gravette 9:00am- (\$15.00) 12:30pm-Ageless Grace 12:30pm-Cards & Dominos  | 7am-Wii Bowling Finals @ Springdale 8am-9am-Breakfast 10am-11am-PEPPI 12:30pm-2pm- Cards & Dominos                               | 9   |
| 10   | Closed in Observance of Veteran's Day  | 12 10am-11:30am- Music by Gary Mucci 12:30pm-Ageless Grace 1:30pm-Aldi & Walmart @ Siloam Springs 12:30pm-Cards/Dominos   | 13<br>10am-11am-PEPPI<br>12:30pm-<br>12:30pm-4pm-<br>Cards & Dominos   | 14 8:30am-9:30am-<br>Shopping Gravette<br>10am-Watercolor Class<br>w/Sheila (\$10.00)<br>12:30pm-Ageless Grace<br>4:15pm-Monte Ne Inn<br>Chicken @ Rogers | 8am-9am-Breakfast<br>9:30am-11:30am-<br>Prairie Roads Band<br>10am-11am-PEPPI<br>12:30pm-2pm-<br>Cards & Dominos                 | 16 Essential Give Away 10am- 11am @ Senior Center |
| 17   | 18<br>10am-11am-PEPPI<br>10:30am-11:30am-<br>Book Mobile<br>12:30pm-Drums Alive<br>12:30pm-Cards/Dominos   | 19 10am-11:30am- Old Town String Band 12:30pm-Lions Club 12:30pm- Ageless Grace 12:30pm-4pm- Cards & Dominos  | 20 10am-11am-PEPPI 12:30pm-Beaded Ornament Class w/Michelinda & Portia (\$4.00 for each one you make) 12:30pm-Cards/ Dominos | 21 8:30am-9:30am-<br>Shopping Gravette<br>11:30am-<br>50/50 Raffle Drawing &<br>Thanksgiving Dinner<br>12:30pm-Ageless Grace<br>12:30pm-Cards & Dominos   | 8am-9am-Breakfast 10am-11am-PEPPI 12:30pm- Chair Volleyball 12:30pm-2pm- Cards & Dominos   | 23  |
| 24   | 25 9:30-11:30am-<br>Blood Pressure<br>10am-11am-PEPPI<br>10:30am-11:30am-<br>Book Mobile<br>12:30pm-Drums Alive<br>12:30pm-Cards/Dominos   | 26 10am-11:30am- Country Edge 12:30pm- Ageless Grace 12:30pm-4pm- Cards & Dominos 5pm-Pizza Night   | 27<br>10am-11am-PEPPI<br>11am-<br>Ambassador Meeting<br>12:30pm-4:30pm-<br>Cards & Dominos                                   | Closed  Thank   | 29 Closed<br>py<br>sgiving   | 30  |



Mary Austen
Joe Betz
Jeanette Carter
Steve Clark
Gary Jewett
Barbara Johnson
Marla Johnson-Ozbun
Barbara Lewis
Barbara Lisle
Cliff Smith
Sandi Steinhaus
Gerene Treat



# FUNDRAISER 50/50 Raffle Fundraiser:

1 Ticket - \$5.00 6 Tickets - \$20.00 YOU GET HALF -WE GET HALF

Drawing will be held
Thursday, November 21st

Thursday, November 21st Need not be present to win Tickets can be purchased at the Senior Center

All proceeds go to the Billy V Hall Senior Center Meals on Wheels Program that serves homebound Seniors in the Gravette, Decatur, Sulphur Springs, Hiwasse and Maysville areas.

## DON'MISSOUTI

Tuesday, Nov. 5th @ Time To Be Announced -Matinee Movie "Here" Malco in Rogers

Wednesday, Nov. 6th @ 7:30am - Wii Bowling Tournament @ Bentonville

Friday, Nov. 8th @ 7:00am -Wii Bowling Finals @ Springdale

Thursday, Nov. 14th @ 4:15pm -

Eat Out Monte Ne Inn Chicken @ Rogers

Wednesday, Nov. 20th @ 12:30pm Beaded Ornament Class w/Michelinda & Portia

Thursday, Nov. 21st @ 11:30am-50/50 Raffle Drawing & Thanksgiving Dinner