

*November
2024*

Boone County

SENIOR ACTIVITY & WELLNESS CENTER



1516 Rock Springs Rd • Harrison, AR 72601 | (870) 741-1505 | Fax: (870) 741-5094

Special Events

- November 1
*Craft with Victoria @
10:00 AM*
- November 7
*BINGO with Maria
@ 12:30*
- November 8
**Teddy with Carroll
Electric Presentation**
- November 11
*Veterans Day
(Center Closed)*
- November 14
*BINGO with Dawn @
12:30 PM*
- November 15
**Spaghetti Supper
Fundraiser @
5:00 PM**
- November 22
Thanksgiving Dinner
- November 28 & 29
*Thanksgiving
(Center Closed)*



Veteran's Tree

Please look for the Veteran's Tree that will be placed in the dining room the first week in November. The tree serves a way to honor our veterans.

This is a great time of year to honor those who have served to protect our freedom and this extraordinary way of life that we enjoy. This year you may do so by making a contribution to the Boone County Senior Activity and Wellness Center in honor or in memory of special people you know who have served this country. Purchase an

American Flag in our office for \$1.00! Fill out our Honor/Memorial tag, slip it on a flag on the Veterans Tree. You may want to include their branch of service, rank, where they served, and other details. It is a great way to share their story with all of us.

Thanksgiving Dinner

At The Center

Our Thanksgiving Dinner will be held at our regular lunch time on Friday day, November 22. We will be having Turkey, Cornbread Dressing, Green Beans, Wheat Roll, Pumpkin Pie.

You will NOT want to miss this.



November Conversations

- Lets talk about how to add vegetables to our Holiday side dishes.

When?

Tuesday November 12, 2024 @ 10:30 AM

Join us for Fun, Fellowship & Food!!




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Coming up Fundraiser

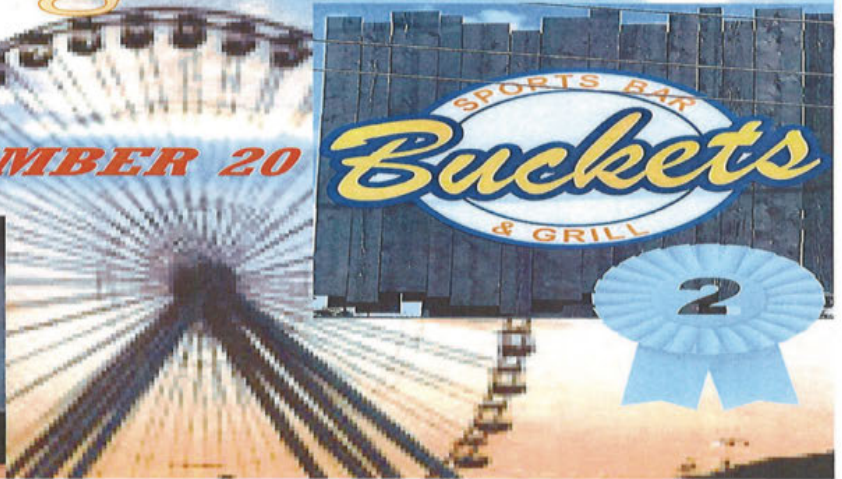
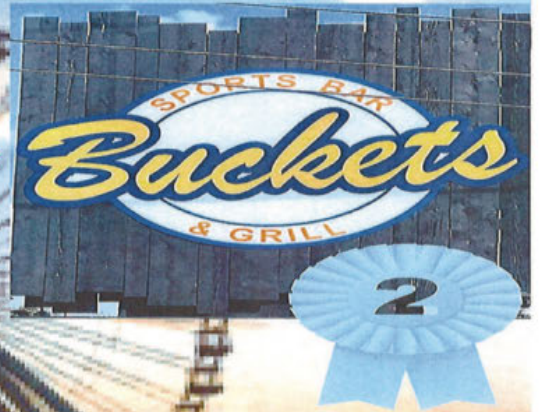


1st PRIZE TICKETS FOR 2 AT THE LYRIC DEC 22 2pm.
2nd PRIZE DINNER FOR 2 AT BUCKETS SPORTS BAR & GRILL
3rd PRIZE TICKETS FOR 2 TO THE GOLDEN TICKET THEATER.

Date Night Raffle

TICKETS
\$5.00 EA
5 FOR \$20

DRAWING DECEMBER 20



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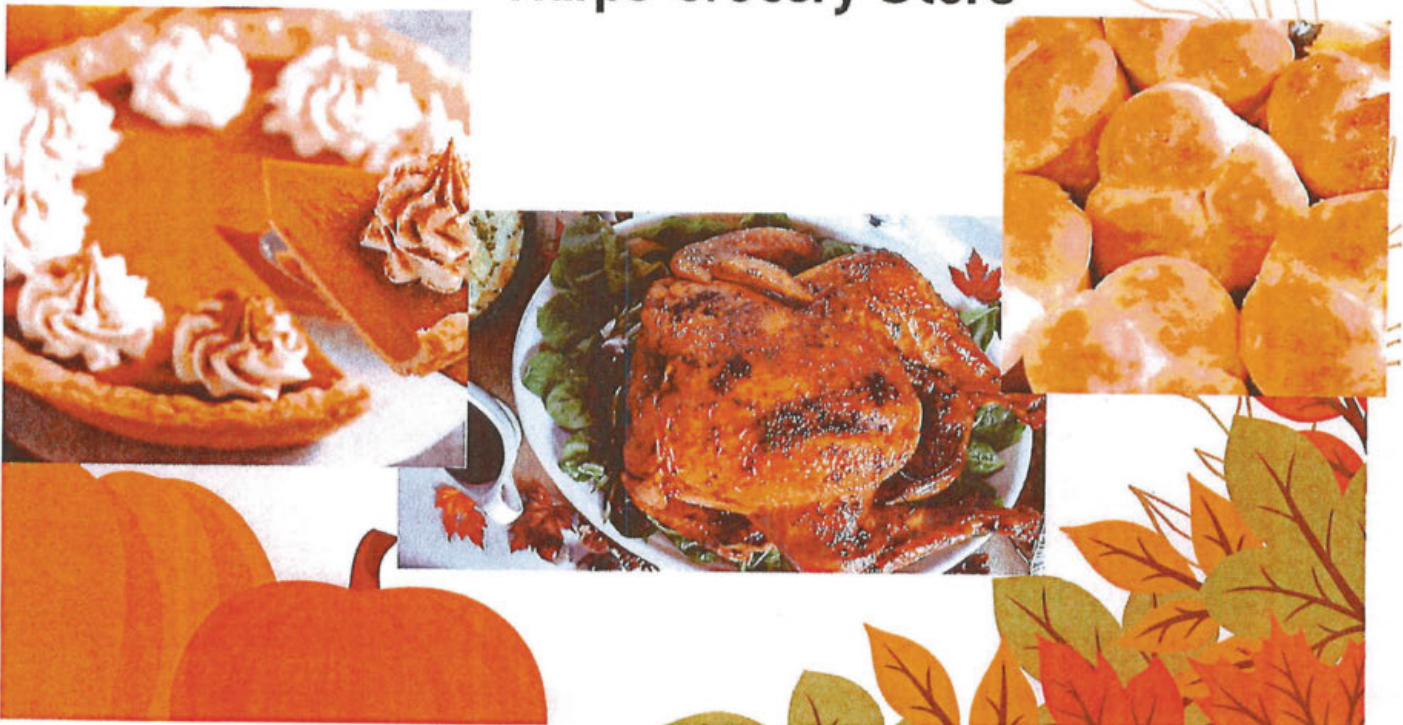
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Boone County Senior Activity & Wellness Center, Harrison, AR B 4C 01-1498

LUCKY DRAW BINGO FUNDRAISER
FRIDAY
NOVEMBER 1, 2024

Get ready to shout "BINGO!" and win some amazing prizes at this fun-filled event. \$10.00 per person which will include 10 games of BINGO including one Blackout game. Additional books may be purchased for \$5.00 each. Doors open at 5:00 PM game start AT 5:30 PM

Blackout will be Turkey and Dressing with sides and a dessert from Harps Grocery Store



December 20, 2024

BOONE COUNTY SENIOR CENTER
UGLY SWEATER PARTY



UGLY SWEATER MEATLOAF DINNER

UGLY SWEATER CONTEST



Boone County Senior
Activity / Wellness Center
1516 Rock Springs Road
Harrison, AR 72601

\$10.00

Meatloaf
Mashed Potato
Green Beans
Roll
Peach Cobbler

Menu

NOVEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Sloppy Joe on Bun Baked French Fries Green Peas & Carrots Banana Pudding
4	5	6	7	8
Salisbury Steak w/Mushroom Gravy Mashed Potatoes Green Peas Wheat Roll Glazed Angel Food Cake	Baked Pork Cutlet Mushroom Gravy New Red Potatoes Normandy Blend Vegetables Dinner Roll Caramel Cake	Breaded Shrimp Homestyle Fries Creamy Coleslaw Fruited Gelatin With Topping	Chicken & Dumplings Mixed Vegetables Garden Salad Vinaigrette Dressing Wheat Bread Pineapple Cream Pudding	Fried Fish Fillet Corn Casserole Creamy Coleslaw Wheat Bread Citrus Fruit Cup
11	12	13	14	15
Closed In Observance of Veteran's Day	Breaded Pork Chop w/Cream Gravy Baked Potato Baby Lima Beans Peach Crisp	Oven Fried Chicken Rice Pilaf Broccoli & Cauliflower Dinner Roll Banana	Roast Beef With Brown Gravy Baked Potatoes Buttered Carrots Wheat Roll Chilled Pineapple	Hearty Chili Baked Potato Mexican Corn Crackers Fruited Gelatin With Whipped Topping
18	19	20	21	22
Baked Chicken Wild Rice Pilaf Green Peas Dinner Roll Fruit Salad	Homestyle Ham & Beans Fried Potatoes w/ Onions Seasoned Greens Cornbread Cinnamon Applesauce	Lasagna Broccoli Florets Tossed Salad w/Salad Dressing Dinner Roll Fruited Gelatin With Whipped topping	Spaghetti & Meatballs Broccoli Florets Garden Salad w/ Salad Dressing Wheat Roll Angel Food Cake	Thanksgiving Dinner Herbed Roasted Turkey Cornbread Dressing Seasoned Green Beans Wheat Roll Pumpkin Pie
25	26	27	28	29
BBQ Pork Cutlet New Red Potatoes Baby Lima Beans Wheat Bread Fruit Medley	Meatloaf Mashed Potatoes Mixed Vegetables Wheat Roll Fresh Fruit	Meatball Sub Baked French Fries Peas & Carrots Sliced Pears	Closed for Thanksgiving 	CLOSED FOR THANKSGIVING

Milk is included with each meal.

NOVEMBER 2024

Events

Monday	Tuesday	Wednesday	Thursday	Friday
				1
				Lets do a craft with Victoria @ 10:00 AM Lucky Draw BINGO FUNDRAISER Doors open @ 5:00 PM
4	5	6	7	8
Extension Get Fit 8:55 Ageless Grace 10:30 Positive Aging Classes with Chuck Wiley @ 12:15 PM	Dominos /cards @ 1:00 PM	The Harvesters @ 11:00 AM Extension Get Fit 8:55 Ageless Grace 10:30	PEPEE 9:00-10:00 Bean Bag Baseball @ 10:00 AM Bingo with Maria , Arkansas Hospice @12:30 PM Dominos /cards @ 1:00 PM	Teddy With Carroll Electric Presentation on Entergy Efficiency @ 12:15 PM Fall Festival 3:00 PM—6:00 PM Bring the family and enjoy all the games and a cake Walk!!
11	12	13	14	15
Closed In Observance of <i>Veteran's Day</i>	Fresh Conversation @ 10:30 AM Dominos /cards @ 1:00 PM	Extension Get Fit 8:55 Ageless Grace 10:30	PEPEE 9:00-10:00 Bean Bag Baseball @ 10:00 AM Bingo with Dawn , Legacy Hospice @ 12:30 PM Dominos /cards @ 1:00 PM	Spaghetti Supper Fundraiser Doors open @ 5:00 PM Dominos /cards @ 1:00 PM
18	19	20	21	22
Extension Get Fit 8:55 Ageless Grace 10:30	Dominos /cards @ 1:00 PM	Extension Get Fit 8:55 Ageless Grace 10:30	PEPEE 9:00-10:00 Bean Bag Baseball @ 10:00 AM Bingo @ 12:30 PM Dominos /cards @ 1:00 PM	<i>Thanksgiving Dinner 11:30 AM—12:00 PM</i> Dominos /cards @ 1:00 PM
25	26	27	28	29
Extension Get Fit 8:55 Ageless Grace 10:30 Positive Aging Classes with Chuck Wiley @ 12:15 PM	Dominos /cards @ 1:00 PM	Extension Get Fit 8:55 Ageless Grace 10:30	Closed HAPPY THANKSGIVING 	Closed for Thanksgiving

Daily Events

MONDAY	TUESDAY	WEDNESDAY
8:30 am—4:30 pm Exercise Equipment Library Computer Room 8:55 am Extension Get Fit 10:30 -Ageless Grace 11:30 am –12:00 pm Lunch	10:00 AM-11:00 AM Bean Bag Baseball 10:00 am -11:00 am Fresh Conversation (2nd Tuesday) 11:30 am —12:00 pm Lunch 1:00 pm Dominos/Cards/ Games	8:30 am—4:30 pm Exercise Equipment Library Computer Room 8:55 am Extension Get Fit 10:30 -Ageless Grace 11:30 am –12:00 pm Lunch
THURSDAY	FRIDAY	
8:30 am—4:30 pm Exercise Equipment Library Computer Room 9:00 am—10:00 am PEPPi 10:00 am— 11:00 am Bean Bag Baseball 12:30 pm—2:30 pm BINGO 11:30 am –12:00 pm Lunch	8:30 am-4:30 pm Exercise Equipment Library Computer Room 11:30 am—12:00 pm Lunch 12:30 pm Scrabble	



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THRIVE
 LOCALLY



How our Senior Center "Works"

The Boone County Senior Activity and Wellness Center is "An equal opportunity provider and employer."

We serve older adults of Boone County. We never charge a fee for our services for seniors age 60 or above, but we ask a donation for all of our services. We also don't turn anyone away for inability to give a donation for our services.

Our Center is funded 47% from State and Federal funding. The other 53% is from a variety of different sources. United Way of Boone County Inc. provides a portion of funding. Another portion is given from Boone County Quorum Court. The remainder of funding comes from clients giving contributions as they use our much needed services, outside donations and fundraisers done at the Center and in our community.

We ask a suggested donation of \$4 for congregate and Home Delivered Meals and \$3-\$5 for transportation in town. There are also donation boxes in the exercise and computer rooms to help with costs of maintaining our equipment.



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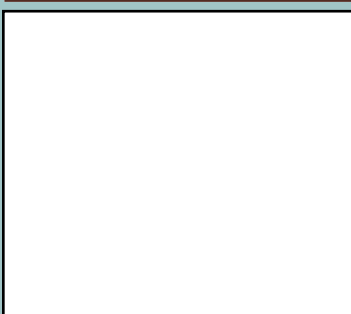
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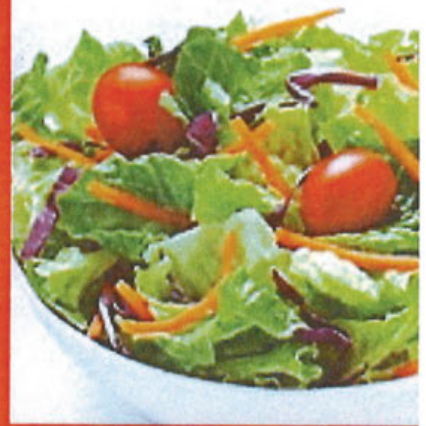
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**BOONE COUNTY SENIOR
CENTER
1516 ROCK SPRINGS RD
PHONE: 870-741-1505**



**SPAGHETTI SUPPER
FUNDRAISER
& GOSPEL SINGING
WITH BILLY BOWER &
FAMILY**

**FRIDAY NOVEMBER 15, 2024
AT 5:00 PM**

Plate Includes

- Spaghetti
- Garlic Bread
- Side Salad
- Coconut Cream Pie
- Drink

For \$10.00



Coming Event

BOONE COUNTY SENIOR CENTER
1516 ROCK SPRINGS RD
YOU ARE INVITED TO OUR

Fall Festival

FREE ADMISSON
Ticket Envelopes sold
3:00 PM - 6:00 PM
for game Booths

~~\$3~~ \$5
COSTUME CONTEST, GAMES, FUN,
CONCESSION AVAILABLE

November 8, 2024

NO AGE LIMIT

FALL FESTIVAL

COSTUME CONTEST

NOV. 8, 2024 3-6

1st Place 4 tickets for the
Escape Reality Magic Show
Branson

2nd Place \$20 Walmart Gift Card

3rd Place \$10 Sonic Gift Card



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Boone County Senior
Activity & Wellness Center
1516 Rock Springs Rd
Harrison, AR 72601

(870) 741-1505

www.aaanwar.org

boonesc@aaanwar.org



Support received from:



Meet our Staff:

Director: Kelly Hunter

Program Assistant: Pat Gomes

Facility Assistant: Leighann Anderson

Food Service Manager: Mike Reeves

Kitchen Assistant: Marge bell

Dishwasher: Debbie Strong

Custodian: Rindy Lane

HDM Driver: Lew Fraker

HDM Driver: Linda Lutherbeck

HDM Driver: Jadyne Roberts

Transport Operator: Bobby Lowery

Transport Operator: Alyssa Richardson

Transport Operator: Alex Miller

Boone County Senior Activity & Wellness Center

The center is open Monday-Friday, 8:00 am to 4:30 pm, serving a **Nutritious Meal** from 11:30 am to 12:00 pm for a suggested donation of \$4.00 for anyone 60+. Guests under 60 are welcome to enjoy a meal for only \$6.97 We also provide **Home Delivered Meals** to the senior citizens of Boone County. Need **Transportation**? A van is available Monday through Friday, 8 AM to 4 PM but must be scheduled at least 24 hours in advance Stop in and check out our beautiful facility. You can **relax** and **watch TV**, read the **newspaper**, get a book from our well-stocked **library**, use the **computer**, use our **Wi-Fi**, use the fitness room equipped with a variety of **exercise equipment**, join a **fitness class**, attend our **outings**, and make new **friends**. Stop by...we would love to meet you!

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