

JANUARY



2025 MENU

Mon	Tue	Wed	Thu	Fri
<p>\$4.00 Suggested Meal Donation For 60+</p>	<p>\$8.50 Charge For Carry out & \$8.00 Charge for Under 60</p>		<p>2 Chicken Pot Pie W/ Mixed Vegetables Mashed Potatoes Spiced Peaches & Cranberries</p>	<p>3 Chicken Fried Steak Potatoes w/Gravy Catalina Vegetables Fresh Baked Roll Peach Crisp</p>
<p>6 Chicken Rice Bake Steamed Broccoli Fresh Baked Roll Cran/Orange Relish Pumpkin Pie</p>	<p>7 Gourmet Chicken Mashed Potatoes Steamed Broccoli Fresh Baked Roll Fruit Crisp</p>	<p>8 Cider Glaz'd Pork Loin Sweet Potato Casserole Brussel Sprouts Cornbread Cinnamon Apples</p>	<p>9 Fried Chicken Potatoes w/Gravy Vegetable Casserole Fresh Baked Roll Berry Jam Bars</p>	<p>10 Beef & Potato Bake Whole Kernel Corn Cornbread Pineapple Mandarin Orange Cake</p>
<p>13 Chicken Fajitas W/ Peppers & Onions Mexican Rice Charro Beans Coconut Cream Cake</p>	<p>14 Pattie Melt w/Grilled Onions/Sauce on Side Mustard Potato Salad Broccoli Salad Melon Wedges</p>	<p>15 Chicken Fried Chicken Potatoes w/Gravy Buttered Corn Fresh Baked Roll Macadamia Cookie</p>	<p>16 POOL TOURNAMENT Smoked Brisket Baked Potato Salad Baked Beans Cornbread Farmhouse Cake</p>	<p>17 Fried Fish Potatoes w/Onions Seasoned Greens Hushpuppies Banana Pudding w/ Vanilla Wafers</p>
	<p>21 Salisbury Steak Potatoes/Brown Gravy Brussel Sprouts Peach Dump Cake</p>	<p>22 Italian Baked Chicken Pasta Primavera Garlic Bread Chocolate Cake</p>	<p>23 Meatloaf W/Potatoes & Brown Gravy Sonoma Vegetables Fresh Baked Roll Cranberry Butter Bar</p>	<p>24 Pinto Beans w/Ham Fried Potatoes/Onions Seasoned Greens Cornbread Fruit Crisp</p>
<p>27 Marinated Grilled Chicken Sandwich Baked French Fries 3-Bean Salad Fresh Baked Cookie</p>	<p>28 Glazed Ham Scalloped Potatoes Sugar Snap Peas Fresh Baked Roll Caramel Apple Cake</p>	<p>29 Broccoli Cheese Soup 1/2 Turkey Club Sandwich w/ side of Cranberry Mustard Potato Chips Winter Fruit Cup</p>	<p>30 Fried Fish Pinto Beans Creamy Coleslaw Hushpuppies Fruit Crisp</p>	<p>31 Chicken Fried Steak Potatoes w/ Gravy Green Beans Fresh Baked Roll Buttermilk Cake</p>



Benton County
Senior Activity & Wellness Center
3501 SE L Street
Bentonville, AR 72712

479-273-7348

Mon—Thurs 8:00—4:00

Fri—8:00—2:00

The Aging Experts

Do you have questions or need services for senior adults?


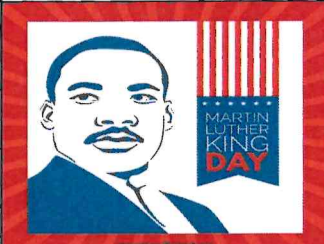
In-Home Services • Senior Activity Centers
Home Delivered Meals • Family Caregiver Assistance
Personal Emergency Response System • Incontinence Supplies
Housing • Veteran Directed Program

Area Agency on Aging
of Northwest Arkansas
1510 Rock Springs Road
Harrison, Arkansas
800-422-2721 or 930-741-1144
www.aanw.org

JANUARY



2025 ACTIVITIES

	Tue	Wed	Thu	Fri
Suggested Transportation Donation \$3 to \$10 Based on Destination	Looking Ahead: Fall Trip The Ark Encounter Williamstown, KY September 1-6 More details soon		2 9:30 AF Exercise 10:15 Bible Study 12:00 Hand & Foot Cards, Pool, Dominoes Exercise Equipment	3 9:00 Parkcrest Sound Band Cards, Pool, Exercise Equipment, Dominoes
6 9:30 BINGO 11:00 Bridge Cards, Pool, Dominoes, Exercise Equipment	7 9:30 AF Exercise 12:00 Hand & Foot Cards, Pool, Dominoes Exercise Equipment	8 9:00 Walmart 10:00 Prairie Roads Cards/Pool/Dominoes Exercise Equipment	9 9:30 AF Exercise 10:15 Bible Study 10:30 Gospel Music 12:00 Hand & Foot Cards/Pool/Dominoes Exercise Equipment	10 Thrift Store Shopping in Gravette/Lunch at Gravette Senior Ctr. Leave at 9:30 Cards/Pool/Dominoes Exercise Equipment
13 9:30 BINGO w/ Magnolia House 10:30-12:00 Energy Assistance Staff Onsite 11:00 Bridge Cards, Pool Dominoes Exercise Equipment	14 9:00 Cherokee Casino 9:30 AF Exercise 12:00 Hand & Foot Cards, Pool Dominoes Exercise Equipment	15 9:00 Walmart 11:00 Games w/ Phil & Sandi Cards/Pool/Dominoes Exercise Equipment	16 Pool Tournament 9:30 AF Exercise 10:15 Bible Study 12:00 Hand & Foot Cards/Pool/Dominoes Exercise Equipment	17 9:00 Parkcrest Sound Band Dinner Theatre & Movie "In The Grey" @ Skylight Cinema Cards, Pool, Exercise Equipment, Dominoes
	21 9:30 AF Exercise 12:00 Hand & Foot Cards, Pool Dominoes Exercise Equipment	22 9:00 Walmart 12:30 Crystal Bridges "Knowing The West" \$5.00 Cards/Pool/Dominoes Exercise Equipment	23 9:30 AF Exercise 10:15 Bible Study 10:30 Gospel Music 12:00 Hand & Foot Cards, Pool, Dominoes Exercise Equipment	24 9:00 "Craft It Up" Stamped Tea Towels Cards, Pool, Exercise Equipment, Dominoes
27 9:30 BINGO 11:00 Bridge Cards/Pool/Dominoes Exercise Equipment	28 9am Precious Moments Lunch @ Taste of Italy 9:30 AF Exercise 12:00 Hand & Foot Cards/Pool/Dominoes Exercise Equipment	29 9:00 Walmart 4:00 DINNER OUT Wright's Barbeque Cards/Pool/Dominoes Exercise Equipment	30 9:30 AF Exercise 10:15 Bible Study 12:00 Hand & Foot Cards, Pool, Dominoes Exercise Equipment	31 Cards, Pool, Exercise Equipment, Dominoes



Benton County
Senior Activity & Wellness Center
3501 SE L Street
Bentonville, AR 72712
479-273-7348
Mon—Thurs 8:00—4:00
Fri—8:00—2:00

February Look Ahead 

- ◆ Dinner Out—Catfish Hole
- ◆ Not So Newlywed Game
- ◆ Informational Speakers