

*BIG FLAT SENIOR CENTER  
JANUARY 2025*

BASKET B INGO

FRIDAY JANUARY 24TH

5-7 PM

HARPS \$100.00

GIFT CARD RAFFLE

ADDRESS:

9975 HWY 14 EAST

BIG FLAT, AR 72617

PHONE: 870-448-3674

EMAIL:

[dwallis@aanwar.org](mailto:dwallis@aanwar.org)



# JANUARY 2025



**MEALS ON WHEELS**  
AMERICA 2019 MEMBER

MONDAY	Tues2	Wednesday	Thursday	Friday
			2 Baked Chicken Wild Rice Pilaf Green Peas Fall Fruit salad	3 Spaghetti & Meatballs Broccoli Garden Salad Wheat Roll Angel Food Cake
6 Potato Soup Turkey & Swiss Sandwich Baked Potato Chips Relish Plate Fruit Crisp	7 Country Fried Steak Cream Gravy Mashed Potatoes Green Beans Wheat Roll Fruit Medley	8 Chicken Pot Pie California Medley Veggies Wheat Roll Fresh Fruit	9 Pork Roast Pinto Beans Seasoned Cabbage Cornbread Sunshine Cake	10 Marinated Chicken Sandwich Lettuce & Tomato Baked Potato Wedges Green Beans Frosted Cake
13 Chicken & Noodles Mashed Potatoes Green Beans Wheat Roll Hot Baked Peaches	14 Pinto Beans & Ham Fried Potatoes Seasoned Greens Wheat Bread Fruit Medley	15 Meatloaf Seasoned Roasted Potatoes Broccoli & Cauliflower Wheat Roll Fruit Parfait	16 Tangy Ranch Chicken Au Gratin Potatoes Seasoned Carrots Wheat Roll Cinnamon Apples	17 Soft Beef Tacos Texas Pinto Beans Mixed Green Salad Vinaigrette Dressing Fruited Gelatin
	21 Broccoli Soup Crackers Tuna Salad Sweet Potato Fries Chocolate Pudding Parfait	22 Baked Cubed Steak & Gravy New Red Potatoes Lima Beans Wheat Roll Fruited Gelatin	23 Fried Chicken Mashed Potatoes & Gravy Buttered Corn Wheat Bread Pudding	24 Tater Tot Casserole Green Peas Wheat Roll Angel Food Cake
27 Chicken Tenders Macaroni & Cheese Lima Beans Wheat Bread Chilled Peaches	28 Fried Fish Buttered Corn Collard Greens Wheat Bread Lemon Cream Pie	29 Goulash Tossed Salad Wheat Roll Pound Cake/Strawberries	30 Oven Chicken Fajita/ Peppers & Onions Buttered Rice Black Beans Fresh Fruit	31 Hearty Chili Crackers Romaine Salad Fruit Medley Sugar Cookie

**Do you have questions or need services for senior adults?**

In-Home Services • Senior Activity Centers • Home Delivered Meals • Family Caregiver Assistance  
 Personal Emergency Response System • Incontinence Supplies, Housing • Veteran Directed Program  
 Call the Area Agency on Aging of Northwest Arkansas for more information! 1-800-432-9741

# BIG FLAT SR. CENTER'S JANUARY ACTIVITIES

MONDAY	Tuesday	Wednesday	Thursday	Friday
<p>2 DOMINOES POOL CARD GAMES</p>	<p>3 POOL PUZZLE TABLE DOMINOES</p>		<p>2 POOL CARD GAMES DOMINOES</p>	<p>3 DOMINOES CARD GAMES PUZZLE TABLE</p>
<p>6 DOMINOES POOL PUZZLE TABLE</p>	<p>7 DOMINOES POOL CARD GAMES</p>	<p>8 DOMINOES POOL 1:30 BEANBAG BASEBALL</p>	<p>9 DOMINOES POOL PUZZLE TABLE</p>	<p>10 PUZZLE TABLE CARD GAMES POOL</p>
<p>13 POOL CARD GAMES DOMINOES</p>	<p>14 DOMINOES CARD GAMES PUZZLE TABLE</p>	<p>15 DOMINOES POOL PUZZLE TABLE</p>	<p>16 DOMINOES POOL CARD GAMES</p>	<p>17 POOL CARD GAMES PUZZLE TABLE</p>
	<p>21 POOL CARD GAMES DOMINOES</p>	<p>22 CARD GAMES POOL DOMINOES</p>	<p>23 POOL CARD GAMES PUZZLE TABLE</p>	<p>24 DOMINOES POOL PUZZLE TABLE</p>
<p>27 DOMINOES POOL PUZZLE TBLE</p>	<p>28 DOMINOES POOL CARD GAMES</p>	<p>29 POOL PUZZLE TABLE DOMINOES</p>	<p>30 DOMINOES CARD GAMES PUZZLE TABLE</p>	<p>31 POOL DOMINOES CARD GAMES</p>

# NEW YEAR WORD SEARCH

B H E J A A I N Y R A U N A J  
A D A S F E S T I V E B S P O  
L O I T A C E O L I W K L A R  
L M N U M F T V D C N I M R A  
D Y G C I S N F R O U S O A E  
R E S O L U T I O N E S G D Y  
O E V E Y O L R J F A C L E W  
P T A T R N D E Y E T N N I E  
U H J A H S N W T T L O K T N  
L G D R K I A O L T C A T O Y  
O I C B E L G R M I Y U T A P  
R N B E V E H K S N F T W Y P  
A D B L D S E S H N L B R I A  
S I T E R F S I R U H T J A H  
E M L C O U N T D O W N L D P

Ball Drop  
Celebrate  
Confetti  
Countdown  
Eve

Family  
Festive  
Fireworks  
Happy New Year  
Hat  
January

Kiss  
Midnight  
Parade  
Party  
Resolution

# DECEMBER 2024



**The Center will be closed  
Monday January 20th  
For Martin Luther King Jr. Day**

Unfortunately due to the continuing rise in groceries on December 1st we had to raise our prices on our To Go Meals and everyone under 60 to \$8.00 plus tax.

Need a ride to the Dr. or to get groceries call The center @870-448-3674. We will be happy to take you.