

Prairie Grove SAWC January 2025 Activities

475 Ed Staggs Drive, Prairie Grove, Arkansas 479-846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
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<p><i>Joke of the Month</i></p> <p><i>What did one senior mountain climber say to the other?</i></p> <p><i>We're finally over the hill!!! HAHHA!!!</i></p>	<p><i>Hours of operation</i></p> <p><i>8:00 AM—4:30 PM</i></p> <p><i>Monday — Friday</i></p>	<p><i>1</i></p> <p><i>Closed for New Years Day!!!</i></p>	<p><i>2</i></p> <p><i>9:30 Bingo</i></p> <p><i>12:30 Beanbag Baseball</i></p> <p><i>5:30 Dinner Out at Gabriellas</i></p>	<p><i>3</i></p> <p><i>9:15 Low Impact Exercise Class</i></p> <p><i>12:30 Bridge</i></p> <p><i>Card Games</i></p> <p><i>Dominoes</i></p>
<p><i>6</i></p> <p><i>9:00 Low Impact Exercise Class</i></p> <p><i>9:30 Beanbag Baseball</i></p> <p><i>12:30 Trivia Contest</i></p> <p><i>Card Games</i></p>	<p><i>7</i></p> <p><i>9:30 Canasta</i></p> <p><i>Puzzle Table</i></p> <p><i>Card Games</i></p> <p><i>Dominoes</i></p>	<p><i>8</i></p> <p><i>9:15 Low impact Exercise Class</i></p> <p><i>Puzzle Table</i></p> <p><i>Card games</i></p> <p><i>Dominoes</i></p>	<p><i>9</i></p> <p><i>9:30 Chair Volleyball</i></p> <p><i>12:30 Beanbag Baseball</i></p> <p><i>12:30 Pitch</i></p> <p><i>Card Games</i></p>	<p><i>10</i></p> <p><i>9:15 Low Impact Exercise Class</i></p> <p><i>12:30 Bridge</i></p> <p><i>Card games</i></p> <p><i>Dominoes</i></p>
<p><i>13</i></p> <p><i>9:00 Low Impact Exercise Class</i></p> <p><i>9:30 Beanbag Baseball</i></p> <p><i>12:30 Karaoke</i></p> <p><i>Card Games</i></p>	<p><i>14</i></p> <p><i>9:30 Canasta</i></p> <p><i>Card Games</i></p> <p><i>Dominoes</i></p> <p><i>Puzzle Table</i></p>	<p><i>15</i></p> <p><i>9:15 Low Impact Exercise Class</i></p> <p><i>Card Games</i></p> <p><i>Dominoes</i></p> <p><i>Birthday Celebration!!!</i></p>	<p><i>16</i></p> <p><i>9:30 Bingo</i></p> <p><i>12:30 Beanbag Baseball at Lincoln</i></p> <p><i>12:30 Pitch</i></p> <p><i>Card Games</i></p>	<p><i>17</i></p> <p><i>9:15 Low impact Exercise Class</i></p> <p><i>12;30 Bridge</i></p> <p><i>Dominoes</i></p> <p><i>Card Games</i></p>
<p><i>20</i></p> <p><i>Closed for Martin Luther King Day</i></p>	<p><i>21</i></p> <p><i>9:30 Canasta</i></p> <p><i>Card Games</i></p> <p><i>Dominoes</i></p> <p><i>Puzzle Table</i></p>	<p><i>22</i></p> <p><i>9:15 Low Impact Exercise Class</i></p> <p><i>Cad Games</i></p> <p><i>Dominoes</i></p> <p><i>Puzzle Table</i></p>	<p><i>23</i></p> <p><i>9:30 Chair Volleyball</i></p> <p><i>12:30 Beanbag Baseball</i></p> <p><i>12:30 Pitch</i></p> <p><i>Card Games</i></p>	<p><i>24</i></p> <p><i>9:15 Low Impact Exercise Class</i></p> <p><i>12:30 Bridge</i></p> <p><i>Card Games</i></p> <p><i>Dominoes</i></p>
<p><i>27</i></p> <p><i>9:00 Low Impact Exercise Class</i></p> <p><i>9:30 Beanbag Baseball</i></p> <p><i>12:30 Trivia Contest</i></p> <p><i>Dominoes</i></p>	<p><i>28</i></p> <p><i>9:30 Canasta</i></p> <p><i>Card Games</i></p> <p><i>Dominoes</i></p> <p><i>Puzzle Table</i></p>	<p><i>29</i></p> <p><i>9:15 Low Impact Exercise Class</i></p> <p><i>12:30 Movie Day</i></p> <p><i>Card Games</i></p> <p><i>Dominoes</i></p>	<p><i>30</i></p> <p><i>9:30 Bingo</i></p> <p><i>12:30 Beanbag Baseball</i></p> <p><i>Dance Night \$5.00</i></p> <p><i>Pizza 6:00 Band 6:30</i></p>	<p><i>31</i></p> <p><i>9:15 Low Impact Exercise Class</i></p> <p><i>12:30 Bridge</i></p> <p><i>Card Games</i></p> <p><i>Dominoes</i></p>

Prairie Grove SAWC January 2025 Lunch Menu

475 Ed Staggs Dr. Prairie Grove AR. 72753 • (479) 846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Under 60 and all take out meals: \$8.00</p> <p>TO GO ORDERS CALL (479) 846-2794</p> <p><i>Menu is subject to change due to availability</i></p>	<p>Congregate and Home Delivered Meals for Seniors 60+</p> <p>Suggested Donation \$4.00</p>	<p>1 Closed for New Year's Day</p>	<p>2 Roast Beef Mashed Potatoes Carrots Roll Brownies</p>	<p>3 Taco Salad Roasted Corn Fruit</p>
<p>6 Country Fried Steak Mashed Potatoes Green Beans Biscuit Fruit</p>	<p>7 Sweet and Sour Chicken Fried Rice Broccoli Egg Roll Cookie</p>	<p>8 Potato Soup Turkey & Swiss Sandwich Chips Fruited Jello</p>	<p>9 Pork Roast Baked Potato Cabbage Roll Fruit</p>	<p>10 Chicken Sandwich Potato Wedges Baked Beans Lettuce/Tomato Banana</p>
<p>13 Ham & Beans Fried Potatoes Coleslaw Cornbread Fruit</p>	<p>14 Chicken and Noodles Peas Roasted Apples Crackers</p>	<p>15 Soft Tacos Refried Beans Lettuce/Tomato Ice Cream</p>	<p>16 Catfish Pinto Beans Coleslaw Hushpuppies Cherry Turnover</p>	<p>17 Meatloaf Mashed Potatoes Green Beans Roll Cheesecake</p>
<p>20 Closed for Martin Luther King Day</p>	<p>21 Oven Fried Chicken Mac and Cheese Fried Okra Biscuit Orange Fluff</p>	<p>22 Cream of Broccoli Soup Chicken Salad Sandwich Chips Chocolate Pudding</p>	<p>23 Chicken and Rice Casserole Green Beans Roll Fruit</p>	<p>24 French Dip Sandwich Chips Mixed Veggies Strawberries</p>
<p>27 Chicken Tenders Mac and Cheese Peas Roll Fruit</p>	<p>28 Chicken Fajitas w/Peppers & Onions Mexican Rice Refried Beans Ice Cream</p>	<p>29 Scrambled Eggs Biscuits & Gravy Sausage Sliced Tomatoes Orange Juice</p>	<p>30 Hamburger on a Bun French Fries Green Beans Lemon Bars</p>	<p>31 BBQ Ribette Sandwich Baked Beans Fried Okra Fruit</p>