

2025

Elkins Senior Activity & Wellness Center

149 W 1st Ave, Elkins AR

479-643-2741



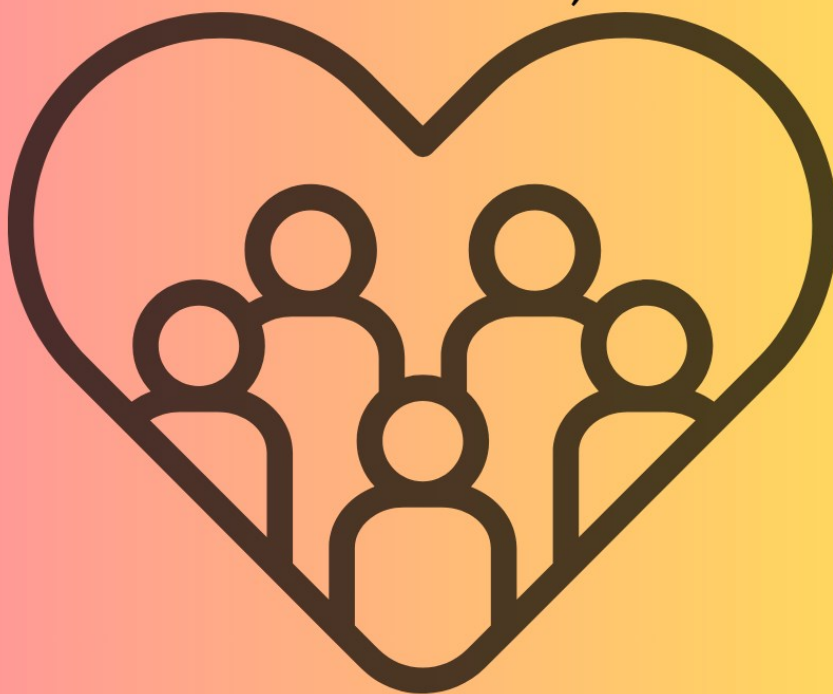
February



Friday, Feb. 14th
Dance, Fellowship &
Food

Doors open @ 5p (ham served at 5:15) - \$5 per person (suggested Donation)

We want to provide the songs you want to hear. A form is available for you to fill out what songs/artists you would like to dance to.



We will serve Honey Baked Ham, sides and desserts will be Pot Luck. A sign up sheet will be on the board to attend and for food. Tea will be provided.

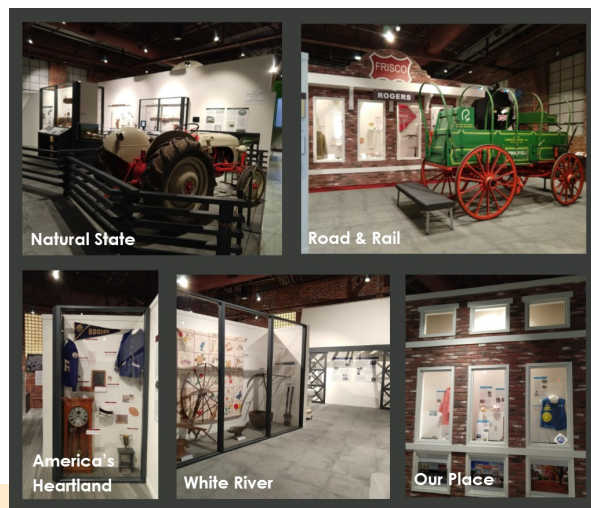
GROCERY SHOPPING!!!!

We are offering Grocery shopping trips. We want to try to accommodate as many people as possible. If you are wanting Harps, Neighborhood Market, Aldi or Walmart, please let us know when making your reservation (24 hour notice is required and based on availability.)

The shopping trips will be transported in our bus, so you do need to be able to board the bus. Trips are \$5 (suggested donation). . If you need to be picked up we will try to accommodate (depending on location). Once your shopping has been completed please call the center to be picked up. Please call the center at 479-643-2741 with any questions or to make a reservation. *You must be a member of the Senior Center or on Meals on Wheels



**Wednesday, February
19th, Depart 9:45a—\$5
Lunch location is TBD**



Rogers Historical Museum

Five galleries that survey the history of Rogers from pre-history to today.

Natural State explores the geography of Northwest Arkansas, how this natural landscape attracted early settlers, and then went on to shape our area's economy.

Road and Rail takes a look at the early days of urbanization of Northwest Arkansas and the establishment of Rogers in 1881 with the coming of the railroad.

America's Heartland features life in Rogers during the first half of the twentieth century, including some of the people, businesses, and organizations that made their home here.

White River examines life along the White River, including the rural communities that made their home on the river, William "Coin" Harvey and his Monte Ne resort town, and how the building of Beaver Dam and the creation of Beaver Lake impacted the landscape, growth, and economy of Northwest Arkansas.

Our Place features highlights of Rogers' more recent past through objects and newspaper clippings from the 1960s to early 2000s.

LIST OF COUNTRIES


O E P B K Q T P Y G E B J X B A N G L A D E S H S U R P Y C A N A W S T O B
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 N E D L S N N U R U N A D N A G U E T H I O P I A P H A I A I V I L O B E N
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|--------------------|------------------|-------------------|-------------------|----------------|------------|------------------|
| Zambia | Yemen | Viet Nam | Vanuatu | Uruguay | Ukraine | Uganda |
| Tuvalu | Turkey | Tunisia | Tonga | Togo | Thailand | Syria |
| Sweden | Swaziland | Suriname | Sudan | Sri Lanka | Spain | South Africa |
| Somalia | Slovenia | Slovakia | Singapore | Seychelles | Serbia | Senegal |
| Saudi Arabia | San Marino | Samoa | Saint Lucia | Rwanda | Russian | Romania |
| Qatar | Portugal | Poland | Philippines | Peru | Paraguay | Papua New Guinea |
| Panama | Palau | Pakistan | Oman | Norway | Nigeria | Niger |
| Nicaragua | New Zealand | Netherlands | Nepal | Nauru | Namibia | Myanmar |
| Mozambique | Morocco | Montenegro | Mongolia | Monaco | Mexico | Mauritius |
| Mauritania | Marshall Islands | Malta | Mali | Maldives | Malaysia | Malawi |
| Madagascar | Luxembourg | Lithuania | Liechtenstein | Libya | Liberia | Lesotho |
| Lebanon | Latvia | Kyrgyzstan | Kuwait | Kiribati | Kenya | Kazakhstan |
| Jordan | Japan | Jamaica | Italy | Israel | Ireland | Iraq |
| Iran | Indonesia | India | Iceland | Hungary | Honduras | Haiti |
| Guyana | Guinea-Bissau | Guinea | Guatemala | Grenada | Greece | Ghana |
| Germany | Georgia | Gambia | Gabon | France | Finland | Fiji |
| Ethiopia | Estonia | Eritrea | Equatorial Guinea | El Salvador | Egypt | Ecuador |
| Dominican Republic | Dominica | Djibouti | Denmark | Czech Republic | Cyprus | Cuba |
| Croatia | Côte d'Ivoire | Costa Rica | Congo | Comoros | Colombia | China |
| Chile | Chad | Cape Verde | Canada | Cameroon | Cambodia | Burundi |
| Burkina Faso | Bulgaria | Brunei Darussalam | Brazil | Botswana | Bolivia | Bhutan |
| Benin | Belize | Belgium | Belarus | Barbados | Bangladesh | Bahrain |
| Bahamas | Azerbaijan | Austria | Australia | Armenia | Argentina | Angola |
| Andorra | Algeria | Albania | Afghanistan | | | |

February Activities

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>10—11A Line Dancing Lessons w/Debby</p> <p>12P—Neurosize</p> <p>1p Exercise</p>	<p>4</p> <p>10:30a—Ageless Grace</p> <p>Bean Bag Baseball— After Lunch</p>	<p>5</p> <p>After Lunch—Bingo</p>	<p>6</p> <p>10:30 Bible Study w/ Jack English</p> <p>Beanbag Baseball— After Lunch</p>	<p>7</p> <p>9:45a Ageless Grace</p> <p>10:30—Joyful Noise</p> <p>12:00—Beginner's Bridge</p> <p>After Lunch— Exercise</p>
<p>10</p> <p>10—11A Line Dancing Lessons w/Debby</p> <p>12P Neurosize</p> <p>1p Exercise</p>	<p>11</p> <p>10:30a—Ageless Grace</p> <p>Bean Bag Baseball— After Lunch</p>	<p>12</p> <p>After Lunch—Bingo</p>	<p>13</p> <p>Beanbag Baseball— After Lunch</p>	<p>14</p> <p>10A— Ageless Grace</p> <p>12:00—Beginner's Bridge</p> <p>After Lunch— Exercise</p> <p>5p—Dance, Fellowship & Food</p>
<p>17</p> <p>Closed</p> 	<p>18</p> <p>10:30a—Ageless Grace</p> <p>Bean Bag Baseball— After Lunch</p>	<p>19</p> <p>9:45A—Rogers Historical Museum— \$5</p> <p>After Lunch—Bingo</p>	<p>20</p> <p>10:30 Bible Study w/ Jack English</p> <p>Beanbag Baseball— After Lunch</p>	<p>21</p> <p>9:45a Ageless Grace</p> <p>10:30—Joyful Noise</p> <p>12:00—Beginner's Bridge</p> <p>After Lunch— Exercise</p>
<p>24</p> <p>10—11A Line Dancing Lessons w/Debby</p> <p>12:30—Cooking w/ Priscilla</p>	<p>25</p> <p>10:30a—Ageless Grace</p> <p>Bean Bag Baseball— After Lunch</p>	<p>26</p> <p>After Lunch—Bingo</p>	<p>27</p> <p>Beanbag Baseball— After Lunch</p>	<p>28</p> <p>10A—Ageless Grace</p> <p>12:00—Beginner's Bridge</p> <p>After Lunch— Exercise</p>

February Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p>Chicken Pot Pie California Medley Roll Fruit</p>	<p>4</p> <p>Pork Cutlet Baked Potato Seasoned Greens Roll Pears</p>	<p>5</p> <p>Asian Ginger Chicken White Rice Oriental Veggies Roll Mandarin Oranges</p>	<p>6</p> <p>Country Fried Steak w/ Peppered Gravy Mashed Potatoes Green Beans Roll Fruit Medley</p>	<p>7</p> <p>Chicken Sandwich Baked Potato Wedges Mixed Veggies Cake</p>
<p>10</p> <p>Italian Baked Chicken Pasta Italian Veggies Bread Cake</p>	<p>11</p> <p>Lasagna California Veggies Bread Stick Fruit</p>	<p>12</p> <p>Pinto Beans & Ham Fried Potatoes Seasoned Greens Bread Fruit</p>	<p>13</p> <p>Beef Chopped Steak Potatoes Brussels Sprouts Roll Fruit</p>	<p>14</p> <p>Herb Baked Fish Rice Buttered Corn Bread Cookie</p>
<p>17</p> <p>Closed</p> 	<p>18</p> <p>Baked Cube Steak Red Potatoes Lima Beans Roll Fruit</p>	<p>19</p> <p>Fried Chicken French Fries Buttered Corn Bread Pudding</p>	<p>20</p> <p>Pot Roast Parslied Potatoes Celery & Carrots Roll Angel Food Cake</p>	<p>21</p> <p>Pork Loin Seasoned Potato Wedges Steamed Cabbage Roll Fruit Medley</p>
<p>24</p> <p>Fajita Chicken w/Peppers & Onions Buttered Rice Black Beans Fresh Fruit</p>	<p>25</p> <p>BBQ Riblet Sandwich Baked Beans Mixed Veggies Rice Krispie Treat</p>	<p>26</p> <p>Chicken Tenders Mac & Cheese Baby Lima Beans Bread Chilled Peaches</p>	<p>27</p> <p>Beef Enchilada Fiesta Rice Refried Beans Tropical Fruit</p>	<p>28</p> <p>Fried Fish Filet Buttered Corn Collard Greens Bread Lemon Pudding</p>