

Prairie Grove SAWC February 2025 Activities

475 Ed Staggs Drive, Prairie Grove, Arkansas 479-846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>9:00 Low Impact Exercise Class</p> <p>9:30 Beanbag Baseball</p> <p>12:30 Karaoke</p>	<p>4</p> <p>9:30 Canasta</p> <p>Card Games</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>5</p> <p>9:15 Low Impact Exercise Class</p> <p>12:30 Craft Day with Brenda</p> <p>Card Games</p>	<p>6</p> <p>9:30 Chair Volleyball</p> <p>12:30 Beanbag Baseball</p> <p>5:30 Dinner Out at Coyle's</p>	<p>7</p> <p>9:15 Low Impact Exercise Class</p> <p>12:30 Bridge</p> <p>Card Games</p> <p>Dominoes</p>
<p>10</p> <p>9:00 Low Impact Exercise Class</p> <p>9:30 Beanbag Baseball</p> <p>12:30 Trivia Contest</p> <p>Card Games</p>	<p>11</p> <p>9:30 Canasta</p> <p>Puzzle Table</p> <p>Card Games</p> <p>Dominoes</p>	<p>12</p> <p>9:15 Low impact Exercise Class</p> <p>Puzzle Table</p> <p>Card Games</p> <p>Dominoes</p>	<p>13</p> <p>9:30 Bingo</p> <p>12:30 Beanbag Baseball</p> <p>12:30 Pitch</p> <p>Card Games</p>	<p>14</p> <p>9:15 Low Impact Exercise Class</p> <p>12:30 Bridge</p> <p>Card Games</p> <p>Birthday Celebration!!!!</p>
<p>17</p> <p>Closed for Presidents Day!!!!</p>	<p>18</p> <p>9:30 Canasta</p> <p>Card Games</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>19</p> <p>9:15 Low Impact Exercise Class</p> <p>Card Games</p> <p>Dominoes</p> <p>Puzzle table</p>	<p>20</p> <p>9:30 Chair Volleyball</p> <p>12:30 Beanbag Baseball vs Lincoln at PG</p> <p>12:30 Pitch</p> <p>Card Games</p>	<p>21</p> <p>9:15 Low impact Exercise Class</p> <p>12;30 Bridge</p> <p>Dominoes</p> <p>Card Games</p>
<p>24</p> <p>9:00 Low Impact Exercise Class</p> <p>9:30 Beanbag Baseball vs West Fork at PG</p> <p>12:30 Karaoke</p>	<p>25</p> <p>9:30 Canasta</p> <p>Card Games</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>26</p> <p>9:15 Low Impact Exercise Class</p> <p>12:30 Movie Day</p> <p>Dominoes</p> <p>Puzzle Table</p>	<p>27</p> <p>9:30 Bingo</p> <p>12:30 Beanbag Baseball</p> <p>Dance Night \$5.00</p> <p>Pizza 6:00 Band 6:30</p>	<p>28</p> <p>9:15 Low Impact Exercise Class</p> <p>12:30 Bridge</p> <p>Card Games</p> <p>Dominoes</p>
<p>Joke of the Month</p> <p>What do you call a bee who can't make up his mind?</p> <p>A Maybe.</p> <p>HAHAHA!!!</p>	<p>Hours of Operation</p> <p>Monday-Friday</p> <p>8:00-4:30</p>	<p>Coffee is ready at 8:00</p>	<p>Lunch is served at 11:30</p>	<p>Don't miss the Lunchtime Jokes</p>

Prairie Grove SAWC February 2025 Lunch Menu

475 Ed Staggs Dr. Prairie Grove AR. 72753 • (479) 846-2794

Monday	Tuesday	Wednesday	Thursday	Friday
3 Pork Roast Baked Potato Broccoli w/Cheese Roll Fruit	4 Steak Fingers Mashed Potatoes Green Beans Roll Brownie	5 Vegetable Beef Soup Cottage Cheese Salad Peaches	6 Ham Au Gratin Potatoes Peas & Carrots Roll Fruit	7 Catfish Tomatoes & Macaroni Coleslaw Hushpuppies Cake
10 Chicken Fried Chicken Mashed Potatoes Green Beans Biscuit Fruit	11 Potato Soup Turkey & Cheese Sandwich Chips Cherry Fruit Fluff	12 Cheese Ravioli w/Marinara Sauce Asparagus Garlic Knot Salad Cookie	13 Sweet & Sour Chicken Fried Rice Broccoli Egg Roll Fruit	14 Chicken Pot Pie California Veggies Roll Spiced Apples
17 Closed for President's Day	18 Chicken Strips Au Gratin Potatoes Brussel Sprouts Roll Fruit	19 Beef Chopped Steak Baked Potato Broccoli w/Cheese Roll Fruit	20 Meatloaf Mashed Potatoes Green Beans Roll Cherry Turnover	21 Soft Taco Refried Beans Lettuce/Tomato Ice Cream Cup
24 Pot Roast Mashed Potatoes Green Beans Roll Fruit	25 Oven Fried Chicken Mac and Cheese Squash Biscuit Fruit	26 French Dip Sandwich Chips Mixed Veggies Roasted Apples	27 Chicken and Rice Casserole Carrots Roll Peach Cobbler	28 Cream of Broccoli Soup Chicken Salad Sandwich Chips Chocolate Pudding
	Under 60 and all take out meals: \$8.00 TO GO ORDERS CALL (479) 846-2794 <i>Menu is subject to change due to availability</i>		Congregate and Home Delivered Meals for Seniors 60+ Suggested Donation \$4.00	